



## COMPUTER TRAINING SYSTEMS

# Your Co-Pilot in Aviation Training

### INDIVIDUAL COURSES TRAINING SERIES

# CRM-ADM



**FIXED/ROTOR WING**



**IPAD COMPATIBLE**



**APPROX 5.0 HRS**

CRM-ADM looks at a wide range of knowledge, skills, and attitudes required for good decision making. Pilots will learn how to adequately manage the resources available to them during flight including other crewmembers and improve decision making skills. Additionally, the skills taught in our CRM-ADM course will help pilots improve team cohesion and leadership skills. We also offer a separate course for pilots who operate single-pilot aircraft.

Enables Part 135, Part 125, and Part 91 pilots to effectively manage crews and situations that may arise during flight operations.

## TUTORIALS

### ADM Fixed Wing

1. What is ADM?(9)
2. Risk Management(19)
3. Operational Pitfalls(15)
4. Applying ADM(21)

### Case Study

1. Case Study(4)

### CRM Fixed Wing

1. Crew Resource Management
2. Authority of the Pilot in Command
3. CRM Skills
4. Communication Processes
5. Building and Maintaining a Flight Team
6. Workload and Time Management
7. Situational Awareness
8. Fatigue: Effects and Reduction Strategies
9. Stress: Effects and Reduction Strategies

## LESSONS

▶ Comprehensive examination covers subject matter from all lessons

### CRM-ADM

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|-------------------------|------------------------------------|-----------------------------------|
| 1. Authority of the PIC | 4. Workload and Time Management    | 7. Stress - Effects and Reduction |
| 2. Communication        | 5. Situational Awareness           | 8. Aeronautical Decision Making   |
| 3. Team Building        | 6. Fatigue - Effects and Reduction | 9. Risks and Operational Pitfalls |